



# GENERAL PLAN

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August 11 - 19, 2024

## Waterways:

The Atlantic/Pitupaq Brigade will take place on the Bras D'Or lake UNESCO Biosphere Reserve and outside the lake on Atlantic Ocean connections. The lake is tidal but also has various freshwater rivers and stream inflows.

## Brigade Schedule:

Day 1, August 11	Participants arrive at St. Peters Battery Park Campground. Participants will remain camped in this location for four days. Afternoon Captains' meeting to discuss the brigade events and review safety plans .
Day 2, August 12	On the first paddle day participants will spend the morning reviewing Big Canoe rescue, followed by an afternoon paddle.
Day 3, August 13	Paddling from Lennox Passage to Battery Park beach.
Day 4, August 14	Paddling from Johnstone Village to Battery Park beach.
Day 5, August 15	Travel and setup day to a new location on the lake near the historic town of Baddeck in the Baddeck Cabot Trail Campground. Participants will remain camped in this location for 4 days.
Day 6, August 16	Paddling from Baddeck Cabot Trail Campground to Whycomomagh Waterfront Centre.
Day 7, August 17	Paddling from Orangedale to Baddeck Cabot Trail Campground.
Day 8, August 18	Paddling from Baddeck Cabot Trail Campground to Baddeck
Day 9, August 19	Departure day; optional, weather and tide-dependent paddle day from Englishtown to Glooscap caves and return.

## **Meals and Cultural Experiences:**

A minimum of three catered suppers will be provided to all registered participants.

Crews will need to be responsible for their own breakfasts, lunches, and some suppers.

Plans are in the works to include traditional maritime music, indigenous dance and history, biosphere interpretive presentations, story telling, and access to the Alexander Graham Bell National History site.

## **Historical Significance:**

Historically the lands and waters of Cape Breton are unceded territory of the Mi'kmaq peoples who lived and travelled along the land and paddled the waters. The Mi'kmaq peoples were known as expert bark boat builders of both small canoes and larger ocean-going canoes.

In the 1630s French merchants built a fur trading post where present-day St. Peters Lock is located as it was on a Mi'kmaq portage route between the lake and ocean. Soon both France and Britain established forts and settlement as control of the area exchanged hands between the European countries.

The waters of the lake were and continue to be used for both commercial and recreational purposes.

Located along the lake, the town of Baddeck is at the beginning and end of Cape Breton Islands world famous Cabot trail. It has a history stretching back to early Mi'kmaq, French and British Settlement as well as being the one-time home of the inventor Alexander Graham Bell. Sydney is the largest city on Cape Breton and a nearby ferry terminal for those traveling to Newfoundland.